

# Keep It Clean All Year

Month : \_\_\_\_\_

Year : \_\_\_\_\_

	DAILY	WEEKLY	MONTHLY
KITCHEN	<input type="checkbox"/> Wash dishes or load dishwasher <input type="checkbox"/> Wipe counters and stovetop <input type="checkbox"/> Empty trash if it's full	<input type="checkbox"/> Check for expired food in the fridge <input type="checkbox"/> Clean microwave <input type="checkbox"/> Wipe down cabinet fronts	<input type="checkbox"/> Deep clean oven and stovetop <input type="checkbox"/> Clean the dishwasher (if you have one) <input type="checkbox"/> Organize pantry
BATHROOMS	<input type="checkbox"/> Quick wipe of sinks and counters <input type="checkbox"/> Rinse out the shower or tub <input type="checkbox"/> Empty trash if needed	<input type="checkbox"/> Scrub toilets, tubs, and sinks <input type="checkbox"/> Wash bath mats and towels <input type="checkbox"/> Wipe mirrors	<input type="checkbox"/> Deep clean showerheads <input type="checkbox"/> Wipe down walls and tiles <input type="checkbox"/> Organize under-sink cabinets
LIVING ROOM	<input type="checkbox"/> Tidy up clutter <input type="checkbox"/> Wipe coffee table/remote controls <input type="checkbox"/> Open windows for fresh air (when possible)	<input type="checkbox"/> Vacuum or sweep floors <input type="checkbox"/> Dust surfaces and electronics <input type="checkbox"/> Fluff and straighten couch cushions	<input type="checkbox"/> Wash or spot-clean cushion covers <input type="checkbox"/> Clean windows and windowsills <input type="checkbox"/> Vacuum under furniture
BEDROOMS	<input type="checkbox"/> Make the bed <input type="checkbox"/> Put away clothes	<input type="checkbox"/> Wash sheets and pillowcases <input type="checkbox"/> Dust surfaces and wipe mirrors <input type="checkbox"/> Vacuum or sweep floors	<input type="checkbox"/> Flip or rotate mattress <input type="checkbox"/> Declutter drawers and closet <input type="checkbox"/> Freshen pillows
LAUNDRY ROOM	<input type="checkbox"/> Gather laundry and start a load <input type="checkbox"/> Wipe up any spills	<input type="checkbox"/> Empty and wipe out lint trap <input type="checkbox"/> Clean hamper <input type="checkbox"/> Tidy the area	<input type="checkbox"/> Deep clean washer and dryer <input type="checkbox"/> Check hoses and vents <input type="checkbox"/> Organize detergents and supplies